

### SEPTEMBER IS NATIONAL PREPAREDNESS MONTH

Snow.  Floods.  Extreme Heat.  With every season, there is always something to prepare for. **Prepared, Not Scared. Be Ready for Disasters.**

If you've seen the news recently, you know that emergencies happen unexpectedly in communities just like ours, to people like us. The theme for National Preparedness Month this year is "**Prepared, Not Scared. Be Ready for Disasters**" and challenges you to take action now.

Preparing goes beyond just making a kit and building a plan. Make time to learn lifesaving skills – such as CPR and first aid, and check your insurance policies and coverage for the hazards you may face, such as flooding and tornados.



#### LEARN EASY WAYS TO BE READY

We know how important it is to prepare and how daunting it may seem to get started. The **30 Days/30 Ways Program** can help! Sign up, and you will receive weekly emails that include easy tips and tools that can help you be ready.

**It's free to participate and you could win a wind up radio/charger!**

#### Here's how to participate:

1. Sign up: <https://www.ready.pa.gov/Pages/AlertDetails.aspx>
2. You will receive an email with tips and tools each week. At the end of the month, you will receive a very short survey to help us learn the tips that were most helpful for you.
3. When you submit your survey, you will receive a customized ReadyPA team 30 Days/30 Ways printable certificate.
4. You will also be entered into our random drawing for a wind up radio/ flashlight/ phone charger!



Thank you for being part of the **Ready PA 30 Days/30 Ways Program.**